

## PREVENTIVE CARE PARAMETER *for* HIGH and LOW OPTIONS

NOTE: Services that are boxed must be performed at St. Dominic to receive the 100% benefit.

Age	Sex	Procedures Recommended
0 - 1 year	M/F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 8 in age range</li> <li>Hemoglobin, hematocrit, or CBC / 5 in range for those age 6 months or older</li> <li>Immunizations per Mississippi State Department of Health schedule / TB skin test as needed</li> <li>Rotavirus Vaccination / up to age 9 months</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Urinalysis / 2 in age range</li> </ul>
2 - 11 years	M/F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations per Mississippi State Department of Health schedule / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Urinalysis / 1 per year</li> </ul>
9 - 27 years	F	<ul style="list-style-type: none"> <li>Human Papillomaviruse (HPV) Vaccination</li> </ul>
11 - 21 years	M	<ul style="list-style-type: none"> <li>Human Papillomaviruse (HPV) Vaccination</li> </ul>
12 - 17 years	M/F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>If female, include breast exam if appropriate for stage of development / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations per Mississippi State Department of Health schedule / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>If female and sexually active or age 17, include pap smear and pelvic exam / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>
18 - 34 years	F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Breast exam / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>Pap smear and pelvic exam / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>
35 - 39 years	F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Breast exam / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> </ul>
35 - 39 years	F	<ul style="list-style-type: none"> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li><span style="border: 1px solid black; padding: 2px;">Mammogram</span> / 1 time during this age range *</li> <li>Pap smear and pelvic exam / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>
18 - 39 years	M	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>Urinalysis / 1 per year</li> </ul>

Age	Sex	Procedures Recommended
40 - 49 years	F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Breast exam / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li><span style="border: 1px solid black; padding: 2px;">Lipid profile</span>, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>Mammogram / 1 per year *</li> <li>Pap smear and pelvic exam / 1 per year</li> <li>Stool for occult blood / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>
40 - 49 years	M	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>Prostate specific antigen with digital rectal exam / 1 per year</li> <li>Stool for occult blood / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>
50 years and older	F	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li>Breast exam / 1 per year</li> </ul>
50 years and older	F	<ul style="list-style-type: none"> <li><span style="border: 1px solid black; padding: 2px;">Colonoscopy</span> / 1 every 10 years and <span style="border: 1px solid black; padding: 2px;">Flexible Sigmoidoscopy</span> / 1 every 5 years *</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li><span style="border: 1px solid black; padding: 2px;">Mammogram</span> / 1 per year *</li> <li>Pap smear and pelvic exam / 1 per year</li> <li>Stool for occult blood / 1 per year</li> <li>Urinalysis / 1 per year</li> <li><span style="border: 1px solid black; padding: 2px;">Bone Density Test</span> / 1 per lifetime</li> </ul>
50 years and older	M	<ul style="list-style-type: none"> <li>Preventive medicine evaluation or re-evaluation / 1 per year</li> <li>Blood pressure / 1 per year</li> <li><span style="border: 1px solid black; padding: 2px;">Colonoscopy</span> / 1 every 10 years and <span style="border: 1px solid black; padding: 2px;">Flexible Sigmoidoscopy</span> / 1 every 5 years *</li> <li>Glucose / 1 procedure every year</li> <li>Hemoglobin, hematocrit, or CBC / 1 per year</li> <li>Immunizations / TB skin test as needed</li> <li>Varicella (chicken pox) - 2nd vaccination</li> <li>Lipid profile, total cholesterol, or HDL cholesterol screenings / 1 every year</li> <li>Prostate specific antigen with digital rectal exam / 1 per year</li> <li>Stool for occult blood / 1 per year</li> <li>Urinalysis / 1 per year</li> </ul>

\* Colonoscopies Flexible Sigmoidoscopies Mammograms Bone Density Tests performed at St. Dominic will pay at 100%.

\* Colonoscopies Flexible Sigmoidoscopies and Mammograms performed by a Mississippi Health Partners or a PPO plus provider are subject to your PPO calendar year deductible and coinsurance.