

Symptom Severity Scale: The following questions refer to your symptoms for a typical 24 hour period during the past two weeks. Please circle the best answer to each question. Note that there are *separate questions for rating your pain and numbness.*

- How severe is the hand or wrist pain that you have at night?  
NONE    MILD    MODERATE    SEVERE    VERY SEVERE
- How often did hand or wrist pain wake you up during a typical night in the last 2 weeks? NEVER    ONCE    2 to 3 times    4 to 5 times    More than 5 times
- How severe is the hand or wrist pain that you have during the daytime?  
NONE    MILD    MODERATE    SEVERE    VERY SEVERE
- How often do you have hand or wrist pain during the daytime?  
NEVER    1 to 2 times    3 to 5 times    More than 5 times    Constant
- How long on average does an episode of pain last during the daytime?  
No pain    Less than 10 minutes    10 to 60 minutes    Greater than 60 minutes  
Constant
- Do you have numbness (loss of sensation) in your hand?  
NO    MILD    MODERATE    SEVERE    VERY SEVERE
- Do you have weakness in your hand or wrist?  
NO    MILD    MODERATE    SEVERE    VERY SEVERE
- Do you have tingling sensations in your hand or wrist?  
NO    MILD    MODERATE    SEVERE    VERY SEVERE

- How severe is the numbness or tingling at night?  
NONE    MILD    MODERATE    SEVERE    VERY SEVERE
  
- How often did hand numbness or tingling wake you up during a typical night in the last 2 weeks?  
NEVER    ONCE    2 to 3 times    4 to 5 times    More than 5 times
  
- Do you have trouble with the grasping & use of small objects such as keys or pens?  
NONE    MILD    MODERATE    SEVERE    VERY SEVERE

Functional Status Scale: On a typical day during the past 2 weeks, have hand and wrist symptoms caused you to have any difficulty doing the activities listed below?

- Writing

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Buttoning of clothes

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Holding a book while reading

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Gripping of a telephone

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Opening of jars

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Household chores

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Carrying of grocery bags

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform

- Bathing and dressing

No difficulty    Mild difficulty    Moderate difficulty    Severe difficulty    Cannot perform